Refer to the Heat Stress Risk Assessment Technical Guide for information on how to use this poster.

Add your logo here!

**HEAT STRESS**

**ALERT**

**Today’s Date \_\_\_\_\_\_\_\_\_\_ Today’s Humidex is \_\_\_\_\_\_\_\_\_\_**

**Time when Humidex was last measured \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Contact \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for more information**

|  |
| --- |
| **TAKE ACTION*** **Drink extra water**
* **Regular monitoring of the humidex (temperature and relative humidity) will occur – check back frequently**
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|  |  |